



DR. LULU SHIMEK

- NATUROPATHIC PHYSICIAN
- BOTANICAL MEDICINE FORMULATOR
- INTERNATIONAL SPEAKER
- AUTHOR
- PODCASTER



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BIO

MEET DR. LULU SHIMEK, A RENOWNED NATUROPATHIC PHYSICIAN AND LEADING AUTHORITY IN WOMEN'S HEALTH, BIOHACKING, AND GENETIC ANALYSIS. WITH A PROVEN TRACK RECORD OF SUCCESSFULLY TREATING CHRONIC DISEASES SUCH AS HORMONAL IMBALANCES, THYROID DISORDERS, GASTROINTESTINAL DYSFUNCTION, DEPRESSION, ANXIETY, AND FATIGUE, DR. LULU IS A TRUE HEALTH TRAILBLAZER.

HER PHILOSOPHY IS SIMPLE YET PROFOUND: BY IDENTIFYING AND ADDRESSING THE ROOT CAUSE OF ILLNESS, WE CAN UNLEASH OUR BODY'S INNATE HEALING POWER AND EXPERIENCE LIFE-CHANGING TRANSFORMATIONS. IT'S NO WONDER THAT SHE'S A HIGHLY SOUGHT-AFTER KEYNOTE SPEAKER, TRAVELING THE GLOBE TO SHARE HER EXPERTISE IN WELLNESS WITH AUDIENCES EAGER TO IMPROVE THEIR HEALTH.



SPEAKING TOPICS

DR. LULU'S NEW BOOK

DISCOVER THE SECRETS OF ACTIVATING YOUR DNA WITH DR. LULU'S NEW BOOK, "DETOX NOURISH ACTIVATE: PLANT & VIBRATIONAL MEDICINE FOR ENERGY, MOOD, AND LOVE.

GENETIC HEALTH

UNLOCK THE POWER OF PERSONALIZED MEDICINE AND OPTIMIZE YOUR HEALTH WITH DNA TESTING AND ANALYSIS, AS DR. LULU EXPLORES THE INTERSECTION OF GENETICS AND INDIVIDUALIZED HEALTHCARE

WOMEN'S HEALTH

JOIN DR. LULU AS SHE SHARES NATURAL SOLUTIONS FOR PERIMENOPAUSE, PCOS, AND MENOPAUSE AND REVEALS THE CRUCIAL ROLE OF HORMONAL BALANCE AND THYROID HEALTH IN ACHIEVING LONGEVITY AND OPTIMAL HEALTH FOR WOMEN

ADRENAL BURNOUT

DISCOVER THE KEYS TO BOOSTING ENERGY AND COGNITIVE PERFORMANCE WITH DR. LULU'S EXPERT INSIGHTS ON THE IMPACT OF STRESS ON CELLULAR SYSTEMS, AND GAIN PRACTICAL SOLUTIONS FOR OVERCOMING ADRENAL BURNOUT - A PREVALENT CONDITION AMONG WOMEN.



FEATURED IN

- BEST HOLISTIC LIFE MAGAZINE
- WLOS
- GLOWELL MAGAZINE
- WNC MAGAZINE



TESTIMONIAL

DR LULU EMPOWERED ME TO TAKE CONTROL OF MY OWN HEALTH TO FIND WAYS TO TREAT ROOT CAUSE. SHE OPENED MY EYES TO OTHER OPTIONS TO HEALING, BALANCING AND THRIVING-HEALTHIER AND MORE BIO-INDIVIDUAL APPROACHES TO WELLNESS.

- Julie Wallace

BOOK DR. LULU FOR YOUR NEXT MAGAZINE COVER, PODCAST OR EVENT

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